## Expressive Art Club



Creating art is a wonderful stress reliever as well as a way to build confidence and increase creativity. Children today are in need of some healthy outlets. This journey of art expression will provide participants with an opportunity to reduce anxiety and stress, increase creativity, expand knowledge of specific artists and techniques, and participate in some fun, healthy socializing with their peers.

**Tara Bane** has been a practicing Art Therapist for over 27 years and an Artist for even longer. With her knowledge of art

mediums and expertise in Art Therapy she will provide your child with an art experience of self expression in a safe and comfortable space.

Join this 8 week Expressive Art Journey.

3:15- 4:15pm, grades 1st-6th Tuesdays

3/18, 3/25, 4/1, 4/8, 4/22, 4/29, 5/6, & 5/13

Space is limited. Please sign up with **Tara Bane**<u>BlueSkyTherapyCenter@gmail.com</u>

No experience needed- just a desire to have fun and create some art.

Fee is \$252 plus \$16 supply fee



## Expressive Art Club Fall session

## \*\*\*Pick up will be at 4:15 sharp at the MPR.

\*\*\*\*Please fill this form out completely and email it to <u>BlueSkyTherapyCenter@gmail.com</u>. Payment can be made via **VENMO @Tara-Bane-1**. If you wish to pay by check or pay by credit card please contact me to arrange this. There is a surcharge for credit card use. Your child will need to wear clothing that they can paint in, a smock or over sized shirt, and a bottle of water. They may also have a snack at the start of the art club. If you have any questions please feel free to contact me at **215-962-5497 or <u>BlueSkyTherapyCenter@gmail.com</u></u>. I look forward to working with your child.** 

**Expressive Art Club** is limited to 10 students.

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